



## Athlete Code of Conduct

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Apex Volleyball Club is committed to providing you with a positive and rewarding volleyball experience. By agreeing to the rules outlined below, you commit to supporting and respecting your teammates, coaches, team managers, the club, its supporters, and volunteers. You also agree and understand that playing on a club team with the Apex Volleyball Club requires dedication and consistent commitment.

- ✓ I understand that I am expected to attend all training sessions, games, tournaments, and other club activities—even during injury (for learning purposes) for our “1” teams (our “2” and “3” teams may have more relaxed expectations; please refer to your individual team’s expectations as outlined by your coaches)
- ✓ I will show dedication to my team and provide my full attention during practices, tournaments, and all club-related events.
- ✓ I will respect the Apex Volleyball Club, its coaches, players, officials, and administrators.
- ✓ I will report any injury or illness to my coach prior to any competition or training session.
- ✓ I understand my coach will provide ongoing evaluations and feedback to support my development as a volleyball player and person.
- ✓ I will address any complaints first with my coach or assistant coach. If unresolved, I will follow Apex’s Dispute Resolution Procedure and bring my complaint to the Technical Director. All such communication will be conducted privately and respectfully, away from other players and parents, while honouring the club’s 24-Hour Policy.
- ✓ I have read and understood Apex Volleyball Club’s **Social Media Policy** and agree to follow its rules and guidelines.
- ✓ I have read and understood Apex Volleyball Club’s **Travel Policy** and agree to follow its rules and guidelines.

☒ I understand that I may be removed from the team or club for failing to abide by these rules or any other club rules as set out in Apex Volleyball Club's policies.

☒ I will uphold Volleyball BC's [Volleyball BC's Code of Conduct and Ethics](#) in all Volleyball BC-sanctioned activities.

By signing below, I agree that I have read, understood, and accept this agreement as outlined. I hereby agree to be responsible and accountable to work, play, and live by the standards presented in the Athlete Code of Conduct. If at any time I choose not to comply with any of these standards, I understand that there may be consequences, up to and including forfeiting my position on the team without refund.

Name: \_\_\_\_\_ Date: \_\_\_\_\_

Club Team Name: \_\_\_\_\_ Age Group: \_\_\_\_\_

Signature: \_\_\_\_\_